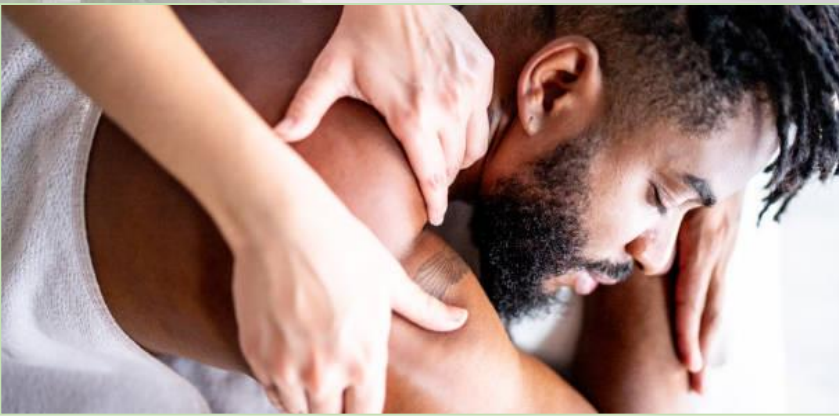




Newsletter

May 2024

Prioritise your wellbeing this May



Welcome

Research shows massage therapy can aid in physical, mental, and social well-being. **Restore the balance between Body, Mind & Spirit.** This May as part of mental health awareness month. We can help you on your journey.

Special Offers

Refer a friend & get 10% off!

Don't be a gate keeper. If you've enjoyed a session, spread the word and get rewarded! T&C's apply

***Buy 3
get
1 FREE**



Meet the team

Tomasz



Our friendly giant Tomasz. Passion for helping others. Specializes in Deep Tissue & Swedish Massage.

Massage Packages

Package 1

Wellness Bundle
X 3 60 min
massage for
£144! Was £180

Package 2

Introductory
Offer
£49.99 for your
first massage

Package 3

Coming soon!
Sauna & Massage
packages

Package 4

Massage
May'hem
Buy 3 get 1 FREE
30 minute massages
only

Services we offer from £30.00

Deep Tissue
Massage

Swedish
Massage

Reflexology



Book Now

Would you like us to offer longer treatment times or introduce new treatments like Hot Stone Massages or facials? Email us your thoughts at:
Activelambeth@lambeth.gov.uk

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